

Clutha  
Stay a while

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Take a journey off the beaten track to this amazing area, which celebrates nature and history!

The Catlins is home to spectacular waterfalls, beautiful beaches, wonderful wildlife and lush rainforest.

Visit our natural wonders such as the iconic **Nugget Point** or **Cathedral Caves**. Watch penguins and seals frolic in the surf.

Soak up the rich heritage in the lovely town of **Lawrence**, where one of The World's largest gold rushes took place.

The **Clutha Gold Cycle Trail**, one of New Zealand's Great Rides takes you through rolling hills and along the Clutha River.

There are wonderful walks with panoramic views in the **Blue Mountains** near **Tapanui**.

New Zealand's most inland tidal lake at **Waiholā** can be found in Clutha, with **Sinclair Wetlands** and **Taieri Mouth** nearby.

Lying between Dunedin and Invercargill on the popular **Southern Scenic Route**, we welcome you to the Clutha District.

Instagram @CluthaNZ  
Facebook f/CluthaNewZealand  
YouTube CluthaNZ  
Visit CluthaNZ.com



**Clutha i-SITE Visitor Information Centre**  
Phone 03 418 0388  
Email clutha.vin@cluthadc.govt.nz  
1 John Street, Balclutha

See map for list of information centres



Nugget Point Lighthouse

Find yourself, not other people in spectacular Clutha

Visit **CluthaNZ.com**

There are so many wonderful activities in Clutha; we have picked a select few to feature. For more information about other available activities, or to find out if walks are open due to weather conditions or tides, contact one of our information centres or visit [CluthaNZ.com/visit/activities-trail/](https://clutha.nz.com/visit/activities-trail/)

#### The Catlins

- 05 Nugget Point Lighthouse** - Dramatic coastal views  
40 min return | Easy
- 06 Roaring Bay** - Yellow-eyed penguins viewing hide  
20 min return | Easy
- 07 Tunnel Hill** - World's southernmost railway tunnel  
20 min return | Easy
- 08 Purakaunui Falls** - Most photographed waterfall  
20 min return | Easy
- 09 Lake Wilkie** - Reflective and peaceful peat lake  
30 min return | Easy
- 10 Matai Falls and Rail Trail** - Follow the old railway line  
30 min return and Rail Trail 1 hr return | Easy
- 11 Cathedral Caves** - Descent through forest to sea caves  
1 hr return | Moderate | Seasonal restrictions | \$
- 12 McLean Falls** - 22m waterfall  
40 min return | Easy
- 13 Catlins River-Wisp Loop Track** - Forest lined river walk  
Two 12km routes | Advanced | 1-2 days (no huts)

#### Tapanui West Otago

- 14 Whisky Gully** - Walk through ferns & beech trees  
15 min loop | Easy | Suitable for all ages
- 15 Black Gully Track** - To the tops of Blue Mountains  
5 hr return | Advanced | Marked route to tops
- 16 Blue Mountain Walk** - Black Gully to Whisky Gully  
6-8 hr | Advanced

#### Milton, Waiholā and Surrounds

- 17 Bull Creek** - Bush walk to a scenic reserve  
40 min return | Easy - moderate
- 18 McNally Track** - Open country hike  
3 hr return | Moderate
- 19 Taieri Millenium Track** - Follow the Taieri River  
4-5 hr return | Moderate
- 20 Sinclair Wetlands** - Wildlife haven  
Several kilometres of easy well-maintained tracks

**The Clutha Gold Cycling and Walking Trail, one of New Zealand's Great Rides takes you on a journey of discovery within a landscape of outstanding natural beauty**

Ride or walk alongside the powerful Clutha (Mata-au) River through a fertile valley, secluded gorge and into lush green farmland.

Open all year round, this 73 kilometre Grade 2 (easy) trail passes through four settlements along the way - Roxburgh, Millers Flat, Beaumont and Lawrence. The trail can take between two and four days to complete, and is in the process of being extended from Lawrence through to Lake Waiholā via Milton, keep an eye out for updates.

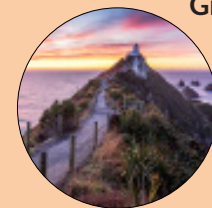
For more information, visit [cluthagold.co.nz](https://cluthagold.co.nz)



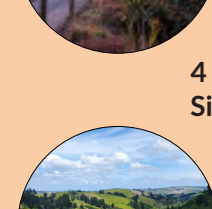
## Top 10 - Must Do!



1 | Cross the Clutha River on the Tuapeka Punt



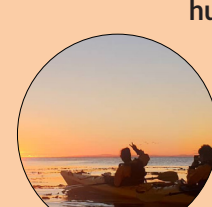
2 | Ride the Clutha Gold Cycle Trail, one of NZ's Great Rides



3 | Soak in the views from Nugget Point Lighthouse



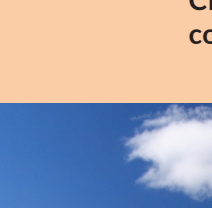
4 | Walk around Sinclair Wetlands



5 | Soak up the gold mining history at Gabriels Gully



6 | Go on a waterfall hunt through The Catlins



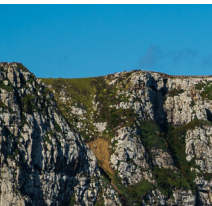
7 | Kayak the Catlins - Self-guided options available



8 | Fish in the Clutha River, or one of the lakes



9 | Visit a local museum  
See map



10 | Tee off at one of Clutha's many golf courses  
See map

Kayaking Nugget Point



Your guide to the ultimate Clutha get away

#### Day One: Lawrence and Gabriel's Gully

You haven't seen the South until you've seen Lawrence. Lawrence is the site of one of the world's largest and fastest ever gold rushes.

#### Optional Additional Itinerary: Clutha Gold Trail

The best way to truly soak up the rich heritage is to get out and about on the Clutha Gold Cycling and Walking Trail. You can start (or finish) the trail in Lawrence.

#### Day Two: Tuapeka Mouth, Kaka Point & Nugget Point

Don't miss a trip on Clutha's free ferry, the Tuapeka Punt powered by the flow of the mighty Clutha River. Kaka Point and Nugget Point - a picturesque seaside village at the Northern edge of The Catlins, famous for its surfing and spectacular scenery.

#### Day Three: The Catlins - Owaka and Surrounds

Cannibal and Surat Bay are renowned as some of the best places to see sea lions in The Catlins. Lush rainforest, spectacular valleys, white sandy beaches and a large tidal lake surround Catlins biggest town, Owaka.

#### Day Four: The Catlins - Papatowai to Curio Bay

Papatowai - enjoy the small settlement where forest meets the sea. En route to Curio Bay, don't miss Florence Hill Lookout, Cathedral Caves (seasonal), and McLean Falls.

View the full itinerary at [CluthaNZ.com/Stayawhile](https://clutha.nz.com/Stayawhile)



IT'S THE REAL DEAL.

Tuapeka Punt - Ferry at Tuapeka Mouth



Matai Falls and Rail Trail

#### Balclutha

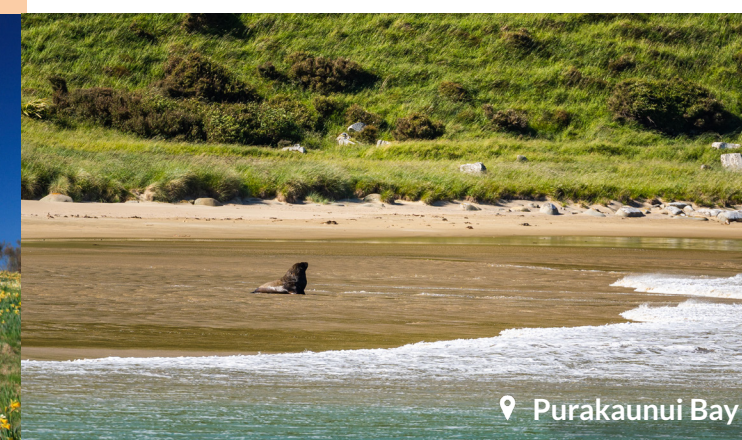
- 01 Blair Athol Walkway** - Walk the banks of the Clutha River | 1 hr 30 return | Easy
- 02 Sesquicentennial Track, Inch Clutha** - Coastal walk  
1 hr 30 return | Easy

#### Lawrence

- 03 Gabriels Gully Interpretation Walk** - Gold heritage  
40 mins - 1 hr loop | Easy
- 04 Clutha Gold Cycling and Walking Trail** - see below



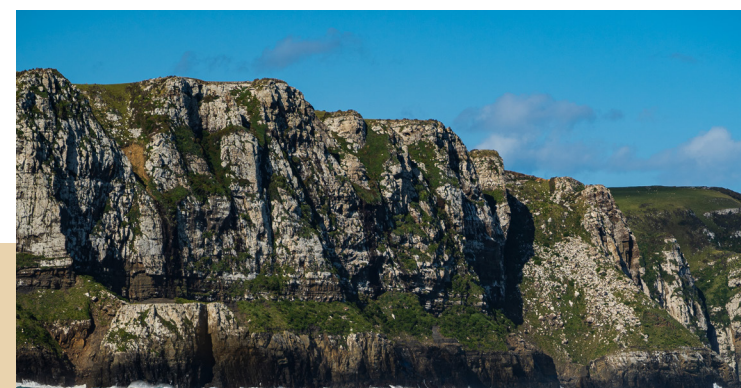
Weatherstons Brewery and Daffodils



Purakaunui Bay

From A&P Shows and trail rides to annual walk/running events. Check out the latest events coming up around the Clutha District.

[CluthaNZ.com/visit/plan/events/](https://clutha.nz.com/visit/plan/events/)



Surfing at Purakaunui Bay

Clutha is home to the world's rarest penguins the "yellow eyed", and the world's smallest the "little blue", the planet's most endangered sea lions and the smallest dolphins!

- Sea Lions and Fur Seals**  
Talk quietly and move slowly when nearby - do not disturb them, give them space of at least 20m  
**Best viewing sites:** Nugget Point, Surat Bay and Curio Bay
- Yellow-Eyed Penguins**  
They are shy and easily stressed - do not disturb them, stay out of sight, at least 50m away.  
**Best viewing site:** Roaring Bay
- Always respect signage regarding dogs



The Boat Shed Antiques, Lawrence



Stay

Beresford Heights

From eco cottages and farm stays to holiday homes and coastal camping - Clutha accommodation has it all!

**Camping in Clutha?** There are some great places to stay in Clutha and we welcome responsible campers who are prepared to look after our unique and natural environment. Camping is permitted in any designated camping ground for all types of camping.

[CluthaNZ.com/visit/stay/](https://clutha.nz.com/visit/stay/)



Meet the producers who grow, rear and make these local treats. It is a 'Taste of Clutha' where you can eat local and meet the people who produced it. This trail takes you from North to South, connecting you with the people and places where it all happens - Clutha New Zealand.

[CluthaNZ.com/visit/taste-of-clutha/](https://clutha.nz.com/visit/taste-of-clutha/)





**Airports** ✈

From Balclutha	Distance	Time
Dunedin Airport	56 km	45 mins
Invercargill Airport	129 km	1 hr 40
Queenstown Airport via Central Otago	223 km	2 hr 50

### Information Centres

Call into one of our local Visitor Information Centres - they have a wealth of knowledge on local activities throughout the Clutha District, as well as accommodation bookings, dining options and more.

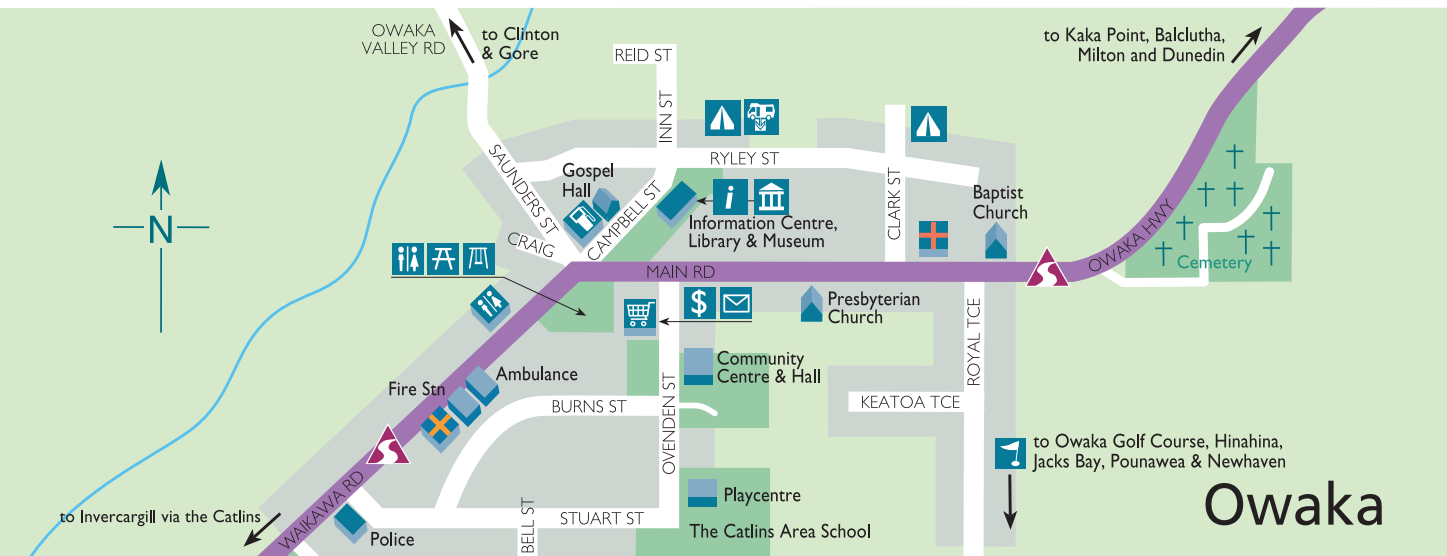
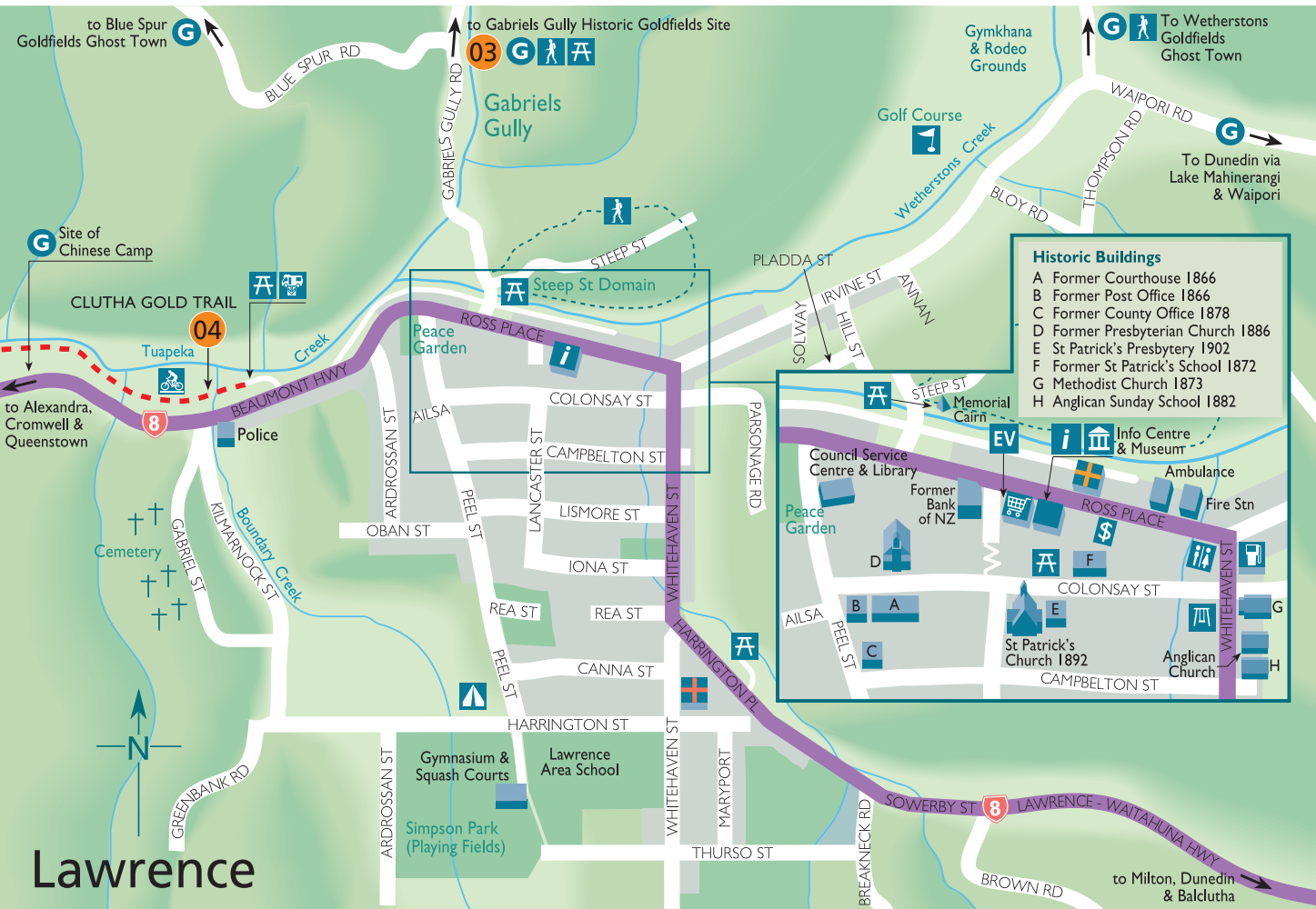
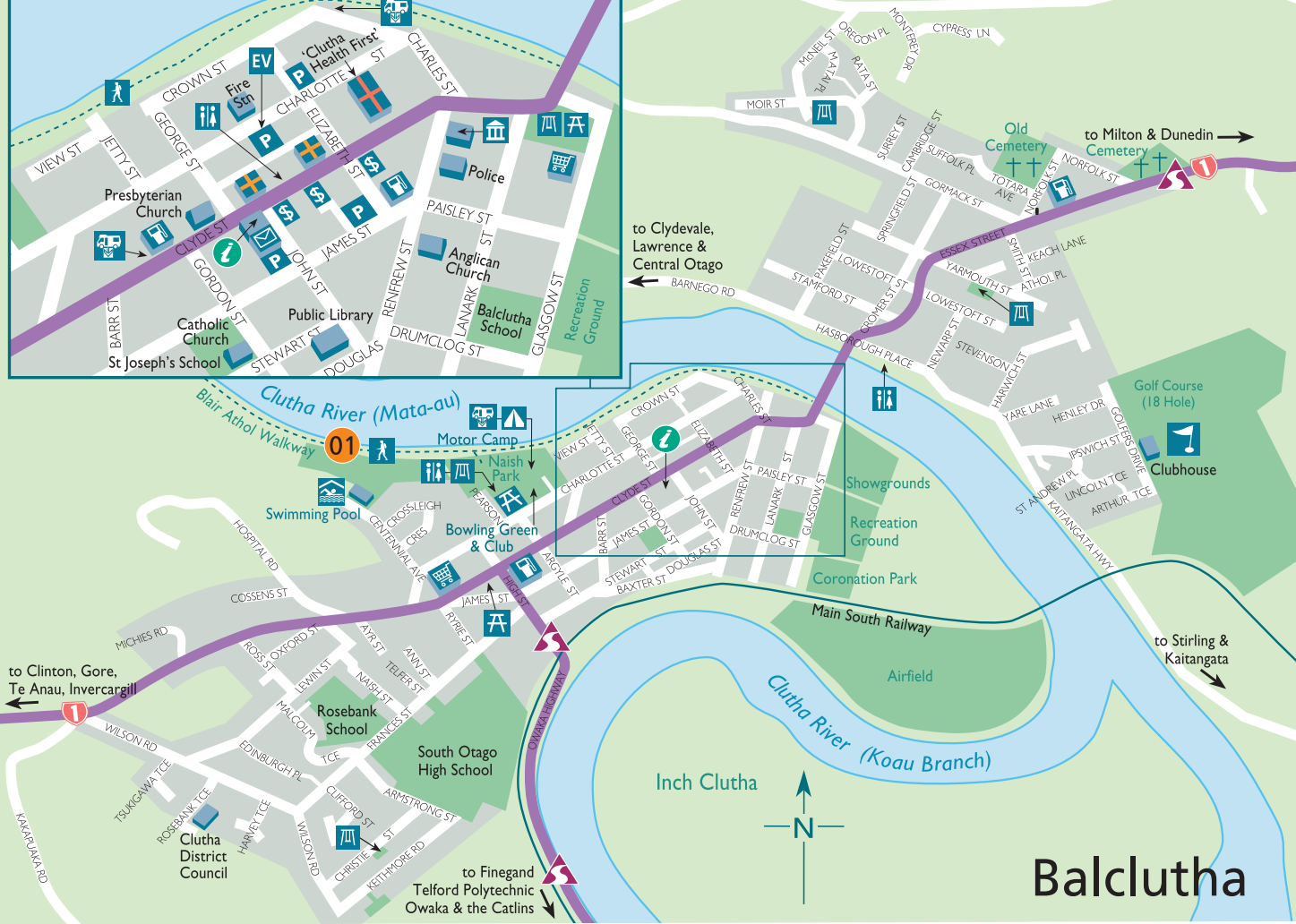
**Clutha i-SITE Visitor Information Centre**  
1 John Street, Balclutha  
03 418 0388  
clutha.vin@cluthadc.govt.nz

**Catlins Information Centre**  
10 Campbell Street, Owaka  
03 415 8371  
catlinsinfo@cluthadc.govt.nz

**Milton Information Centre**  
53 Union Street, Milton  
03 417 7480  
miltoninfo@xtra.co.nz

**Lawrence Information Centre**  
17 Ross Place, Lawrence  
03 485 9222  
info@lawrence.nz

**Tapanui Information Centre**  
1 Suffolk Street, Tapanui  
03 204 8306  
tapanui.info@cluthadc.govt.nz



This journey is a 610 kilometres touring route through Southern New Zealand. An array of natural and cultural attractions laid out one after the other - wildlife viewing, short walks, biking, fishing, hunting, boating, camping, tramping and caving - making it an ideal drive for those with time to explore.

Alternative inland roads provide a more direct path between the main centres, however the Southern Scenic Route is a journey that allows access to deserted beaches, lush rainforest, pristine lakes and stunning mountain vistas.

[www.southernscenicroute.co.nz](http://www.southernscenicroute.co.nz)